| M | т | W | R | F | SA | SU |
|------------------------------------|---|------------------------------|--|---------------------------------|--|-------------------------------|
| VIRTUAL BUILDING KEY ▼ | AERIAL MORNING BLISS O/P | | 9 AERIAL CORE Off-Peak | | 10:30 AERIAL HAMMOCK TRICKS 2/3 | AERIAL YOGA 1 |
| | 8:15 Marisa | | 10:15 Monica | | 11:45 Mae | 11:30 Marisa |
| | NEW! Off-Peak P Enjoy our discour and save off regul 10-Pack pricing! Drop-Ins: \$27 / 16 | ited classes lar Single & | Classes are Open Level if not otherwise noted. | | CIRCUS SILKS / LYRA101 11:45 Fran | |
| 12:30 | 12:30 | 12:30 | 12:30 | 12:30 | 12 | 12 |
| AERIAL YOGA 1 Off-Peak | AERIAL HAMMOCK TRICKS 2/3 | AERIAL YOGA 1 Off-Peak | AERIAL HAMMOCK TRICKS 2/3 | AERIAL YOGA 1 Off-Peak | CIRCUS SILKS 1 | CIRCUS SILKS 2+ |
| 1:45 Janie | 1:45 Amanda | 1:45 Barbara | 1:45 Amanda | 1:45 Monica | 1:15 Fran | 1:15 Fran |
| OPEN WORK OUT | HAND STANDS Off-Peak | OPEN WORK OUT | | | CIRCUS LYRA 1 | CIRCUS LYRA 101 |
| | 3:15 Ed | | | | 1:15 Jacob | 1:15 Eva |
| OPEN WORK OUT | | OPEN WORK OUT | | | AERIAL YOGA 1 Tingting | CIRCUS BUNGEE |
| 4:30 | | 4:30 | 4:30 | 4 | 3:15 | 4:15 |
| KIDS Silks +Hammock | | KIDS Silks+Lyra | KIDS Silks+Lyra | AERIAL DANCE 101 Off-Peak | AERIAL YOGA 2 | AERIAL DANCE 1 Off-Peak |
| 5:30 Izzy/Kaitlin | | 5:30 Fran | 5:30 Fran | 5:15 Jesse | 4:30 Janie | 5:30 Kristin |
| 5:45 | 5:45 | 5:45 | 5:45 | 5:45 | 5 | 6 |
| AERIAL DANCE | AERIAL YOGA 1 | AERIAL YOGA 2 | KIDS Silks +Hammock 2 | CIRCUS BUNGEE | AERIAL HAMMOCK TRICKS 3 | AERIAL DANCE 1+ |
| 7 Izzy | 7 Janie | 7 Barbara | 6:45 Fran | 7 Barbara | 6:15 Amanda | 7:15 Kristin |
| 7:30 CIRCUS | 7:30 AERIAL | 7:30 AERIAL | 7:30 CIRCUS | 7:30 AERIAL | 873 Broadway @ 18th Street 2nd floor | 7:30 AERIAL HAMMOCK |
| SILKS 1 | DANCE | CORE | LYRA 2 | YOGA 1 | 212 353 3500 info@ | TRICKS 2 |
| 8:45 Eva | 8:45 Kristin | 8:45 Amanda | 8:45 Tingting | 8:45 Janie | omfactory.yoga | 8:45 Marisa |
| 7:30 HAND STANDS Off-Peak | | 9 AERIAL HAMMOCK TRICKS O/P | 7:30 CIRCUS SILKS 1 | 9 AERIAL HAMMOCK TRICKS O/P | | CTORY |
| 8:45 Ed | | 10:15 Austin | 8:45 Fran | 10:15 Austin | APR 2024 / 0 | mfactory.yoga |